

PSHE Curriculum

Intent

PSHE lies at the heart of everything we do, enabling our children to become healthy, independent, respectful and responsible members of society. Our curriculum is aligned with the vision of the Priory Federation of Academies and is driven by our commitment to empowering potential and improving the life chances of all pupils. It is designed to encourage the development of the Priory values: wisdom, curiosity, generosity, courage and passion alongside meeting the specific needs of our community. Pupils study the full curriculum as exemplified by the National Curriculum.

PSHE is taught as a isolated subject, enabling us to build on prior learning and provide relevant, meaningful content that deepens understanding and prepares children to contribute confidently to a diverse and ever-changing world. Alongside this, PSHE is woven throughout daily school life and the wider curriculum. At Waddington Redwood Primary Academy, we strive to create a nurturing, inclusive environment where every child feels valued and empowered to make positive choices.

At Waddington Redwood Primary Academy we intend to:

- Develop the knowledge, skills and attributes our children need to be life-long learners enabling them to be successful now and in the next stages of their education.
- Encourage our children to play a positive and active role in contributing to school life and the wider community, helping them understand what it means to contribute to the success of a community. Through their participation, children are empowered with British values rooted in spiritual, moral, social and cultural responsibility, fostering a sense of generosity.
- Provide opportunities to explore, be curious, clarify and if necessary, challenge their own and others' values, attitudes, beliefs, rights and responsibilities.
- Develop independent, responsible and respectful individuals who feel empowered to make positive choices both now and in the future, underpinned by a strong understanding of themselves and others, and a clear sense of how to keep themselves and those around them safe.
- Equip children with the knowledge and understanding to lead physically and mentally healthy lives, recognise and manage their emotions, and develop a positive outlook on the changes they experience and the relationships available to them.

Implementation

At Waddington Redwood Primary Academy, we use the Life Lessons scheme to deliver weekly PSHE sessions. This is applied flexibly, allowing teachers to adapt learning to meet the needs of all pupils.

Our PSHE curriculum is designed around the following themes:

Understanding myself

- Wellbeing
- My body & Me
- Healthy choices



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Self within others

- Healthy Relationships

Self within the world

- Identity & Community
- Digital Lives
- Aspiration & money

These themes are revisited at each phase of learning, allowing knowledge to be built progressively over time. This ensures that pupils develop a secure and deep understanding of how to keep themselves and others safe. Learning is carefully linked both within and across themes, enabling children to apply their knowledge and problem-solve in a range of contexts.

The curriculum is carefully planned and sequenced to ensure that children develop a secure knowledge base through opportunities to retrieve key knowledge. A simple sequence of retrieval practise: fluency (basic questions), reasoning/problem solving (advanced questions) and elaboration (deeper questions) should exist in all learning.

Impact

By the end of each programme of study, the vast majority of pupils will have achieved a secure understanding of the content and be able to apply their knowledge confidently. This understanding is sustained over time, with key concepts revisited and developed further in subsequent years, ensuring progression and depth of learning.