



# ORACY IN PE

## WHY IS IT IMPORTANT?

Oracy in PE supports pupils' communication, teamwork, confidence and understanding of learning.

### Physical

- Helps us better understand how to perform movements.
- Explain and improve our techniques.

### Social

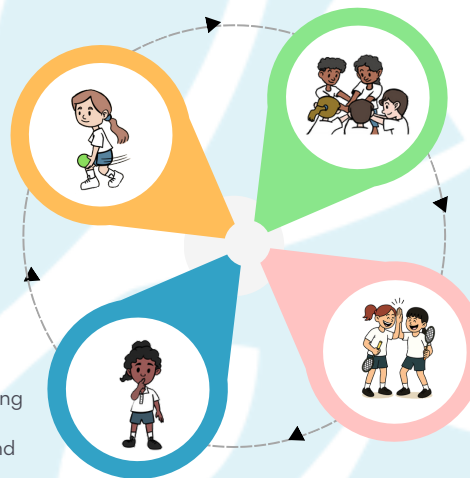
- It builds teamwork and co-operation.
- Encourages us to be inclusive.

### Thinking

- It helps us understand more by talking through our actions.
- We can develop problem solving and decision making skills.

### Emotional

- Builds confidence and self-esteem.
- Helps us express our feelings appropriately.



## WHAT IS ORACY?

Oracy is the ability to speak and listen confidently and effectively.



## WHAT DOES THIS MEAN IN PE?

Oracy helps us connect our movement with thinking.

### Physical - Using our voice and body:

Speaking clearly over louder volumes, using gestures and body language to signal and demonstrate.

### Linguistic - Using vocabulary and language:

Directional and tactical language, action words.

### Cognitive - Thinking and explaining:

Explaining skills and strategies, solve problems and reflect on performances.

### Social and Emotional - Listening and teamwork:

Taking turns, encouraging others, giving and receiving feedback, respectfully listening.



## HOW DO OUR PUPILS PRACTISE ORACY IN THEIR GET SET 4 PE LESSONS?

- Talking before moving: planning, describing and predicting.
- Partner and group discussions.
- Coaching and leading others.
- Asking and answering open ended questions: 'Why did that pass work?' 'How could we make this harder?'
- Peer feedback: 'I noticed that...' 'Next time you could try...'
- Review and reflect with what they have learnt in the lesson; which physical/social/ emotional/thinking skills improved the most.
- A range of role cards for use in lessons, covering S.E.T skills.
- Role modelling: model clear language, listening and respectfully talking.
- Using PE vocabulary from our pyramids.