



# WADDINGTON REDWOOD

A PRIORY ACADEMY

Friday 21<sup>st</sup> May 2021

Dear parents and carers,

In 2019, the Department for Education announced changes to Relationships and Sex education (RSE). These changes have come into effect and all schools are required to comply with the updated requirements. This means that we have reviewed our RSE curriculum and policy, which has been updated and consulted on. This was made available for parents/carers to also provide feedback on. This can be found on our academy website.

<https://www.redwood.lincs.sch.uk/>

To help keep you informed of what we will be teaching and when, please see the following summary shown on the following page. Due to the impact of COVID 19 this year, the teaching order may differ from that shown. For more specific information regarding the content your child will be covering, please see the academy website. Here you can find the year group overviews detailing the content that will be covered. We will also endeavor to inform you by letter or curriculum bulletin when a sensitive topic is being covered. This is so you can prepare for questions or discussions your child may want to have with you.

Please be aware that the children will receive their RSE lessons in class. We will not separate boys and girls for specific teaching. This means children will have an awareness of how each other develop. Children in mixed aged classes will be taught their year group content, which means that they may be separated into year groups for specific Relationship and Sex Education topics.

By the end of Primary school, pupils should know the key facts about puberty and the changing adolescent body, including the physical and emotional changes. Pupils should also know about menstrual wellbeing, including key facts about the menstrual cycle. The teaching of puberty in KS2 is hugely important in order to adequately safeguard children. Teaching children about puberty before they experience it, is essential to ensure that children's physical and emotional needs are met and that they have the correct information about how to take care of their bodies and keep

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Waddington Redwood Primary Academy is part of The Priory Federation of Academies Trust. For further information please contact The Priory Federation of Academies Trust, Cross O'Cliff Hill, Lincoln LN5 8PW **Telephone:** 01522 889977  
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themselves safe. Teaching about the changes experienced during puberty is as much a part of the National Science Curriculum as it is our PSHE curriculum.

Yours sincerely,

Laura Hall

PSHE Subject Lead

Whole school PSHE curriculum overview:

|                 | Year 1   | Year 2   | Year 3   | Year 4  | Year 5  | Year 6   |
|-----------------|--|--|--|---|---|--|
| <b>Autumn 1</b> | Physical health and wellbeing<br>Fun times                                   | Physical health and wellbeing<br>What keeps me healthy?    | Drug, alcohol and tobacco education<br>Tobacco is a drug                               | Drug, alcohol and tobacco education<br>Making choices     | Mental health and emotional wellbeing<br>Dealing with feelings  | Mental health and emotional wellbeing<br>Healthy minds                       |
| <b>Autumn 2</b> | Keeping safe and managing risk<br>Feeling safe                               | Keeping safe and managing risk<br>Indoors and outdoors     | Keeping safe and managing risk<br>Bullying – see it, say it, stop it                   | Keeping safe and managing risk<br>Playing safe            | Identity, society and equality<br>Stereotypes, discrimination and prejudice (including tackling homophobia) | Identity, society and equality<br>Human rights                               |
| <b>Spring 1</b> | Identity, society and equality<br>Me and others                              | Relationship and sex education<br>Boys and girls, families | Physical health and wellbeing<br>What helps me choose?                                 | Physical health and wellbeing<br>What is important to me? | Physical health and wellbeing<br>In the media   | Relationship and sex education<br>Healthy relationships / How a baby is made |
| <b>Spring 2</b> | Careers, financial capability and economic wellbeing<br>My money             | Relationship and sex education<br>Boys and girls, families | Identity, society and equality<br>Celebrating difference                               | Identity, society and equality<br>Democracy               | Careers, financial capability and economic wellbeing<br>Borrowing and earning money                         | Relationship and sex education<br>Healthy relationships / How a baby is made |
| <b>Summer 1</b> | Mental health and emotional wellbeing<br>Feelings                            | Mental health and emotional wellbeing<br>Friendship        | Mental health and emotional wellbeing<br>Strengths and challenges                      | Relationship and sex education<br>Growing up and changing | Keeping safe and managing risk<br>When things go wrong  | Keeping safe and managing risk<br>Keeping safe - out and about<br>FGM        |
| <b>Summer 2</b> | Drug, alcohol and tobacco education<br>What do we put into and on to bodies? | Drug, alcohol and tobacco education<br>Medicines and me    | Careers, financial capability and economic wellbeing<br>Saving, spending and budgeting | Relationship and sex education<br>Growing up and changing | Drug, alcohol and tobacco education<br>Different influences   | Drug, alcohol and tobacco education<br>Weighing up risk                      |

