

Whole school curriculum overview- You, Me, PSHE

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times	Physical health and wellbeing What keeps me healthy?	Drug, alcohol and tobacco education Tobacco is a drug 	Drug, alcohol and tobacco education Making choices 	Mental health and emotional wellbeing Dealing with feelings	Mental health and emotional wellbeing Healthy minds 
Autumn 2	Keeping safe and managing risk Feeling safe 	Keeping safe and managing risk Indoors and outdoors 	Keeping safe and managing risk Bullying – see it, say it, stop it 	Keeping safe and managing risk Playing safe 	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Identity, society and equality Human rights
Spring 1	Identity, society and equality Me and others	Relationship and sex education Boys and girls, families 	Physical health and wellbeing What helps me choose?	Physical health and wellbeing What is important to me?	Physical health and wellbeing In the media	Relationship and sex education Healthy relationships / How a baby is made 
Spring 2	Careers, financial capability and economic wellbeing My money	Relationship and sex education Boys and girls, families 	Identity, society and equality Celebrating difference	Identity, society and equality Democracy	Careers, financial capability and economic wellbeing Borrowing and earning money	Relationship and sex education Healthy relationships / How a baby is made 
Summer 1	Mental health and emotional wellbeing Feelings	Mental health and emotional wellbeing Friendship	Mental health and emotional wellbeing Strengths and challenges	Relationship and sex education Growing up and changing 	Keeping safe and managing risk When things go wrong 	Keeping safe and managing risk Keeping safe - out and about FGM 
Summer 2	Drug, alcohol and tobacco education What do we put into and on to bodies? 	Drug, alcohol and tobacco education Medicines and me 	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Relationship and sex education Growing up and changing 	Drug, alcohol and tobacco education Different influences 	Drug, alcohol and tobacco education Weighing up risk 

 Please note: The red flag symbol demarcates themes directly related to safeguarding pupils.